

# KRISTINA KARIN ROBERTS, PSY.D.

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## EDUCATION

### GEORGE FOX UNIVERSITY – NEWBERG, OR

Doctor of Clinical Psychology August, 1997  
Master of Arts in Clinical Psychology May, 1993

### UNIVERSITY OF PUGET SOUND – TACOMA, WA

Bachelor of Arts in Psychology May, 1991

## PROFESSIONAL EXPERIENCE

### PRIVATE PRACTICE - MARYCLIFF CENTER 2001 - PRESENT

#### **Licensed Psychologist**

Conduct individual psychotherapy with adolescents and adults as well as conduct therapy for couples/marriages. Theoretical underpinnings are a mix of object relations theory, attachment theory, and Interpersonal Neurobiology.

### PRIVATE PRACTICE - MARYCLIFF CENTER 1997 - 2001

#### **Certified Mental Health Counselor**

Under the supervision of a licensed psychologist conducted individual therapy sessions from a general psychodynamic approach.

### WHITWORTH COLLEGE - SPOKANE, WA 1999-2000

#### **Half Time Assistant Professor**

Assumed a half time professorial position on a one year appointment in the undergraduate psychology department. Courses taught included Introduction to Psychology, Psychopathology, Theories of Counseling, and Senior Seminar..

### WHITWORTH COLLEGE - SPOKANE, WA 1998-1999

#### **Adjunct Professor**

In an adjunct capacity, taught various courses in the psychology department and the Graduate Studies in Education program. Courses included Group Dynamics, Psychopathology and Theories of Counseling

### LOUISIANA STATE UNIVERSITY – BATON ROUGE, LA 1995-1996

#### **Psychology Intern, Student Health Center and Greenwell Springs Hospital**

##### *Louisiana State University Student Health Center*

Conducted individual and couple therapy sessions using varying treatment modalities with students and their spouses from LSU. Taught relaxation skills and biofeedback training with individual clients and community living groups on campus. Conducted group therapy sessions for specialized populations such as adult survivors of sexual abuse. Administered and interpreted psychological assessments, providing written evaluations for other therapists in the agency. Participated in both individual and group supervision on a weekly basis. Provided clinical and testing information in seminar format to social work interns at the same agency.



*Greenwell Springs Hospital*

Conducted psychological and intellectual assessments of inpatients in the psychiatric hospital setting. Provided written reports and verbal consultation for social workers and psychiatrists, and other psychologists on staff. Co-led various therapy groups for adolescents on the adolescent unit and in the partial hospitalization program. Participated in treatment planning during rounds and staff meetings.

GEORGE FOX UNIVERSITY – NEWBERG, OR

1994-1995

**Graduate Fellow**

Assisted in training first year graduate students in their initial clinical experience. Taught basic clinical skills and principles in didactic format as well as individual supervision of audio and videotaped therapy sessions.

PARRY CENTER FOR CHILDREN – PORTLAND, OR

1994-1995

**Mental Health Specialist**

Participated in milieu treatment for inpatient children. Taught anger management, communication skills, impulse control, Assisted in physical restraints and time-out assignment and management. Attended staffings and helped formulate treatment plans for the children on the unit.

CEDAR HILLS HOSPITAL – PORTLAND, OR

1992-1993

**Mental Health Technician**

Conduction milieu therapy primarily involving behavior management, social skills training, and basic communication skills training,. Assisted in physical restraints and treatment planning on both the adult and adolescent units.

