

ELIZABETH BELL KILLIAN, MA, LMHC, NCC

EDUCATION

MIAMI UNIVERSITY – OXFORD, OH

Bachelor of Science in Spanish Education 1996-2001

Bachelor of Science in English Education 1996-2001

GONZAGA UNIVERSITY – SPOKANE, WA

Master of Arts in Clinical Mental Health Counseling 2013-2016

PROFESSIONAL AND RELATED EXPERIENCE

MENTAL HEALTH COUNSELOR - PRIVATE PRACTICE 2018 - PRESENT

Conduct individual psychotherapy sessions with individuals, couples, and parent/child dyads. Common areas of therapeutic focus included attachment-related concerns, depression, anxiety, adjustment and identity formation related to adoption, postpartum adjustment/anxiety/depression, parenting concerns, grief, sexual identity confusion, spiritual direction, abuse, and trauma

SPOKANE PSYCHOLOGY AND NEUROPSYCHOLOGY 2015-2018

Conducted individual psychotherapy sessions with children, adolescents, adults, couples, and parent/child dyads. Common areas of therapeutic focus included attachment-related concerns, depression, anxiety, adjustment and identity formation related to adoption, postpartum adjustment/anxiety/depression, parenting concerns, grief, sexual identity confusion, spiritual direction, abuse, and trauma

GONZAGA UNIVERSITY COUNSELING CENTER 2014-2015

Practicum and internship – under the supervision of a licensed psychologist conducted individual therapy sessions with college students. Common areas of focus included adjustment, stress-management and self-care, separation and individuation, anxiety, depression, sexual trauma, sexual identity confusion, identity issues associated with racial/ethnic discrimination, and disordered eating

ADOPTION PROFESSIONALS – CINCINNATI, OH 2010-2013

Founded and facilitated Adoption Together, a support and education group for adoptive families. Responsibilities included recruiting speakers, planning events, facilitating small groups, and mentoring prospective adoptive parents

MASON SENIOR HIGH SCHOOL – MASON, OH 2004-2012

Taught English classes, coached sports teams, facilitated student-led clubs, worked with teams to plan and write curriculum, and facilitated staff development in the areas of student equity and diversity

AGAPE - LIVERPOOL, UK 2003-2004

Oversaw founding and staffing of three college campus ministries in Liverpool, UK. Responsibilities included planning and leading staff meetings, planning and executing student events, facilitating various student groups and gatherings, and providing individual mentoring and spiritual direction to students and ministry staff members



EQUIPPING MINISTRIES INTERNATIONAL – CINCINNATI, OH

2001-2006

Facilitated and co-taught classes in interpersonal, conflict management, and team-building skills to lay leaders in churches and organizations

FAIRFIELD SENIOR HIGH SCHOOL - FAIRFIELD, OH

2001-2003

Taught Spanish and English classes, worked on IMPACT intervention team to identify and provide support to emotionally at-risk students, coached sports teams, and co-facilitated student-led clubs

WASHINGTON STATE MENTAL HEALTH COUNSELOR LICENSE: LH60923128

