

# SEAN P. BARRETT, M.A., LMHC, LMFTA, NCC

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## LICENSURE & CERTIFICATION

LICENSED MENTAL HEALTH COUNSELOR, WASHINGTON STATE  
(LMHC)#LH60816876

LICENSED MARRIAGE AND FAMILY THERAPIST ASSOCIATE, WASHINGTON STATE  
(LMFTA) #MG60712972

NATIONAL CERTIFIED COUNSELOR  
(NCC) #759101

BUSINESS LICENSE  
FAMILY THERAPY SPOKANE #604-065-064

## EDUCATION

GONZAGA UNIVERSITY – SPOKANE, WA

Master of Arts in Marriage & Family Counseling

09/2016 - 05/2016

MIDDLE TENNESSEE STATE UNIVERSITY – NASHVILLE, TN

Bachelor of Science in Audio Production

08/2007 - 12/2010

SPOKANE FALLS COMMUNITY COLLEGE – SPOKANE, WA

Associate of Arts, Music Technology

08/2004 - 08/2007

## CLINICIAN EXPERIENCE

SPOKANE PSYCHOLOGY CENTER

MARCH 2018 - PRESENT

### **Counselor & Therapist - Spokane, WA**

- Maintain diverse client caseload counseling individuals, couples and families, integrating attachment theory, Interpersonal Neurobiology, as well as other systems-focused and cognitive behavioral evidence-based practices
- Attend ongoing consultations to ensure best practice, continuity of care between clients, and complete required trainings

GREENLEAF NEUROPSYCHOLOGY & COUNSELING

MAY 2018 – PRESENT

### **Clinical Internship Supervisor - Spokane, WA**

- Train and supervise graduate level interns in clinic intakes, administration of psychometric neuropsychological and psychological evaluation, and report composition incorporating qEEG brain mapping, as well as oversee co-administered counseling for individuals, couples, and families



- Liaise with university graduate internship coordinators and department chairs in monitoring and modifying student success in both graduate program and state licensure standards

## GREENLEAF NEUROPSYCHOLOGY & COUNSELING

2014 – PRESENT

### **Counselor/Therapist, Psychometrist - Spokane, WA**

- Designated as a Center of Excellence by the Washington State Healthcare Authority, duties include assisting quantitative electroencephalography (qEEG) brain mapping, as well as administration of neuropsychological assessment batteries for children, adolescents, and adults
- Compose forensic-level diagnostic evaluations incorporating neuropsychological evaluation and qEEG results
- Maintain diverse client caseload counseling individuals, couples and families, using evidence-based practices
- Attend weekly neuropsychological consultation reviewing client qEEG brain maps
- Hiring, training, and supervision of graduate level interns and new staff, and maintain website
- Obtain and organize research literature and develop presentation material
- Develop and staff exhibitor booths at regional conferences, orchestrate public relations

## CIRCLE OF SECURITY® FIDELITY COACH IN-TRAINING

2019 - PRESENT

### **Registered Parent Facilitator - Spokane, WA**

- Facilitate eight week attachment-based workshops based on the Circle of Security Parenting Series® for parents & caregivers

## GREENLEAF NEUROPSYCHOLOGY & COUNSELING

01/2015 – 05/2016

### **Psychometrist, Intern - Spokane, WA**

- Administer full neuropsychological assessments and compose written, full diagnostic evaluations utilizing qEEG results; Assist with qEEG, Neurofeedback and Biofeedback

## GONZAGA UNIVERSITY GRADUATE SCHOOL OF EDUCATION

05/2016 - 07/2016

### **Counselor Education Graduate Assistant - Spokane, WA**

- Manage assessment lab, and aid students in use of assessment instruments and evaluation composition for course EDCE 695 Assessment in Clinical Mental Health Counseling

## SPOKANE COMMUNITY COLLEGE

05/2016 - 11/2016

### **Mental Health Therapy Intern**

- Maintained diverse caseload of individuals, couples and families
- Administer diagnostic intakes and develop treatment plans
- Implement brief evidence-based treatments for maximized results limited to 8 sessions
- Marketing, graphic design, and advertising
- Referral of clients to college-wide resources (disability services, health services, financial aid)

## TEACHING EXPERIENCE

## GONZAGA UNIVERSITY

2016 - PRESENT

### **Guest Lecturer & Presenter; Counselor Education Graduate Program - Spokane, WA**

- Presentations of topics including neuroanatomy and physiological arousal, cognitive behavioral approaches, and experiential methodologies



- Co-facilitate lecture panel discussions on individual, couples, and family therapy

JOEL E. FERRIS HIGH SCHOOL

2016 - PRESENT

**Psychology Lecturer & Student Mentor; Project-Based Learning Program - Spokane, WA**

- Develop curricula for psychology course learning outcomes, with focus on attachment theory and trauma, for high-need and high-risk students
- Provide individual student support and mentoring

LEWIS & CLARK HIGH SCHOOL

2017 - 2018

**Psychology Guest Lecturer, Health Science Career Courses - Spokane, WA**

- Introduce psychology, psychometry, and counseling as a health science career
- Neuroanatomical and neurophysiological fundamentals as applied to health science

SPOKANE FALLS COMMUNITY COLLEGE

2010 - 2011

**Instructor & Academic Advisor - Spokane, WA**

- Create and implement multiple music and audio course curricula; commended for exemplary student pass rate
- Interview and select student applicants for audio technology program
- Commissioned to assist in composition of college direct transfer agreement to four-year universities
- Navigate efficient student entry into, and transition out of, Community Colleges of Spokane per student needs and limitations

## PROFESSIONAL EXPERIENCE

SPOKANE FALLS COMMUNITY COLLEGE

2010 - 2011

**Certified Academic Advisor - Spokane, WA**

- Scholastic counselor and mentor college-wide and within audio technology program
- Liaise with all financial aid, student health, and all other college resources as needed

SPOKANE FALLS COMMUNITY COLLEGE

2011

**Performing Arts Coordinator & Supervisor - Spokane, WA**

- Orchestration and logistics of all performing arts events; Commended for landmark contract negotiation with revenue generation
- Manage work-study eligible student employees

PARADISE FIBERS

2014 - 2015

**Head of Creative Department - Spokane, WA**

- Graphic design of web banner and promotional materials, website inventory and maintenance and training of personnel
- Compose weekly newsletter to 90,000 recipients, social media management of 50,000 followers, design local and world-wide sales promotions



HOFFMAN MUSIC COMPANY

2011 - 2014

**Manager - Spokane, WA**

- Supervision, hiring and training, purchasing, marketing, advertising, and events; Personal retail revenue exceeded \$100K annually
- Facilitate and liaise statewide music education programs

## HONORS & AWARDS

CHI SIGMA IOTA GAMMA CHI EPSILON CHAPTER NOMINEE

02/2016

**Counseling Academic and Professional Honor Society International**

MAGNA CUM LAUDE HONORS DISTINCTION

12/2009

**Middle Tennessee State University**

PHI KAPPA PHI HONOR SOCIETY NOMINEE

07/ 2009

**Multidisciplinary International Collegiate Honor Society**

BOB JENNINGS MEMORIAL SCHOLARSHIP AWARD

04/2009

**Middle Tennessee State University**

ANDY WHITE MEMORIAL SCHOLARSHIP AWARD

04/2008

**Middle Tennessee State University**

PRESIDENT'S HONOR ROLL

08/ 2007

**Spokane Falls Community College**

## PROFESSIONAL PRESENTATIONS

Torres, E., & **Barrett, S.** (2019, June). Trauma Impacted Student Success: A collaborative project-based & holistic approach to learning [Conference Speaker]. Community Resiliency Initiative's Beyond Paper Tigers Conference, Pasco, WA.

Charboneau, G., Bustamante, D., **Barrett, S.**, & Satchell Karryn (2019, January). Evidence Based Diagnosis and Treatment of Attention-Deficit/Hyperactivity Disorder [Conference Speaker]. Northwestern Mutual Annual Conference, Coeur d'Alene, ID.

Charboneau, G., Bustamante, D., Kaley, R., Davari, J., & **Barrett, S.** (2015, October). Utilizing QEEG in the Diagnosis of Autism Spectrum Disorder, ADHD, and Bipolar Disorder [Conference Speaker]. Young Child and Expo Conference, Spokane, WA.

Young, M. A., Baksis, C., **Barrett, S.**, Sendelbach, L., Sewell, G. (2015, November). Accessibility and Responsiveness: Two keys to creating secure relationships. Conference Presentation. Annual Conference of the Washington Counseling Association, Spokane, WA.



## VOLUNTEER EXPERIENCE

FERRIS HIGH SCHOOL

09/2016 - PRESENT

**Volunteer for Project-Based Learning Program - Spokane, WA**

- Assist students, faculty and lecturers in lectures and semester project completion.

GONZAGA UNIVERSITY

04/2014 - 02/2018

**Faculty & Student Search Committee Interviewer - Spokane, WA**

- Interviewed faculty applicants for the Gonzaga school counselor education and all student applicants for the marriage and family cohort

WASHINGTON STATE DEPARTMENT OF CORRECTIONS

06/2013 - 02/2014

**Community Corrections Volunteer Officer - Spokane, WA**

- Monitor released criminal offenders both on-site and remotely, to provide support and ensure compliance with court mandated treatment and programs

## ASSOCIATION MEMBERSHIPS

**American Counseling Association (2014 to present)**

